# SKATE CANADA ORANGEVILLE Return to Play Protocols

August 2020



# Dear Skate Canada Orangeville Skaters & Parents,

Due to the ongoing Public Health Pandemic – COVID -19, Skate Canada Orangeville (the "Club"), has had to update and modify our policies for the 2020/21 skating season. Information may be updated or changed throughout the season to accommodate for the changes surrounding COVID-19.

These changes will be communicated through a variety of measures including, emails, social media, virtual meetings and during on ice sessions. Please ensure all email addresses are up to date on your website UPLIFTER account. For any questions about these policies you can contact the Club's COVID-19 Oversight group, which you will find on the website and in the Club's Return to Play Protocols Package.

The Club has developed this document in order to assist and guide you with a safe Return to Skate to our programs which programs must adhere to all federal, provincial and municipal laws, regulations, by-laws and order, as they may exist from time to time.

This includes, but is not limited to compliance with:

- Physical distancing measures
- Health & safety regulations
- Size of permitted gatherings
- Skate Canada rules, policies and procedures
- Skate Ontario rules, policies and procedures
- All Safe Sport policies and procedures
- Applicable occupational health and safety requirements
- Facility requirements and procedures.

We ask that you please take the time to review this document and if you have any questions, please reach out to our Covid-19 Oversight group (see below)

# **Oversight Group**

The following individuals will be acting as the COVID- 19 Oversight Group as we transition back into skating. The purpose of this group is to oversee the implementation of safety and health guidelines within our club.

| Name              | Email                     | Phone        |
|-------------------|---------------------------|--------------|
| Jennifer Perryman | jennyp_99@hotmail.com     | 519-806-0710 |
| Louise Mendelson  | loujohnson75@hotmail.com  | 519-940-5322 |
| Rebecca Miller    | rebeccamiller19@gmail.com | 519-216-2677 |
| Joanne Miller     | jomiller@bell.net         | 519-938-7210 |

Should you have any questions about any aspects of the Return to Play protocols or other policies and procedures related to COVID- 19, please contact one of the individuals above. This list is also provided on our website.

We are currently in **Phase 3** of re-opening. Skate Ontario and Town of Orangeville have many rules and protocols governing the Club's return to play that must be complied with in order for us to open the skating season and deliver programs at the town facilities. These rules and protocols together with procedure arising from them are in constant change. We will keep all of our members up-to-date with these changes as they occur.

# An Overview of Where We're at Today?

- September programs will be held at the Alder Street Recreation Centre Red Rink. Please remember, if
  physical distancing and health screening procedures are not adhered to, the club may lose access to the
  facility
- All skaters at this time must be Canskate Stage 2 or higher. Stage 1 skaters may participate in programs if they are able to stand, manoeuvre without assistance and recover from falls independently
- No Precanskate can be offered at this time
- Coaches will not be providing hands-on assistance to skaters
- There are limits as to how many skaters, coaches, volunteers and parents are permitted at the rink per Town of Orangeville facility protocols
- Physical distancing must be maintained at all times both on ice and off ice
- Skaters, parents, coaches and volunteers entering the facility must wear a face mask
- Personal belongings must be left in vehicle or at home. No skate bags, hockey bags, backpacks, etc. will be allowed in the rink
- Dressing rooms will not be accessible during the month of September
- Parents will not be permitted to enter the building or spectate ice-times during the month of September

   PICK UP AND DROP OFF ONLY (with the exception of all Powerskaters plus Junior Starskaters age
   8 and under 1 parent)
- Washrooms will be available for those participating on the ice. Skaters must ask for coach permission to leave the ice for washroom
- Skaters will not be permitted to leave the ice surface unless they have to use the washroom or they are unwell. Skaters must notify a coach if there is a need to leave the ice surface
- Any skaters feeling unwell during their skating session will be directed to an isolation room provided by the facility and parents contacted
- Coaches are encouraged to wear a mask at all times, should coach from one spot on the ice as much as possible and must maintain a 2m distance from skaters and other coaches at all times
- Health Screening Questionnaire **MUST** be completed by all skaters, parents, coaches and volunteers and handed in at the "check-in" table each time you arrive at the rink. A copy will be provided to you along with this protocol and will also be posted on our website under the Covid-19 tab. Please print, complete and bring with you to the rink each night. No person may enter the rink unless this is complete. We hope to have an electronic system available in the future.
- Coaches and volunteers are responsible for sanitizing the music area, the boards and door handles between each program
- Attendance must be taken at each class for contact tracing purposes in the event of a Covid-19 exposure. Name tags will be provided on first attendance and **MUST** be worn and visible upon entering the arena
- If you or your skater does not feel well, PLEASE DO NOT come to the arena. The Oversight Committee will
  review any requests for refunds by those missing lessons due to a positive Covid-19 test, required isolation
  or Covid-19 symptoms

Failure to comply by rules, protocols or physical distancing requirements can result in immediate removal from the facility and a non-refundable cancellation of that ice time.

# COVID-19 COMMUNICATION PLAN

- 1. **PLEASE ENSURE** that your email and contact information are up to date on your website account
- 2. All information will be distributed to our membership **via email** through your website account. Emails will not deliver to anyone who unsubscribes from member messages. Information will also be posted on our website, as well as our social media platforms
- 3. The club will provide updates during the Return to Play process as they become available by email, and will post on our website and social media platforms
- 4. The club will hold a virtual webinar/info sessions when necessary to deliver information on Return to Play protocols and answer questions/concerns
- 5. All communications/documents, health screening and daily participation tracking sheets will be stored in a Covid-19 file for future reference if required
- 6. A member of COVID-19 Oversight Group will follow up with any individuals who become unwell with symptoms of COVID-19 during club activities
- 7. If it is determined that a club member has been tested for COVID-19, all individuals who may have been in close contact with the individual will be informed by the COVID-19 Oversight Group
- 8. If it is determined that a club member has tested positive for COVID-19, the COVID-19 Oversight Group will inform all club members that may have been in close contact with that individual

# **HEALTH INFORMATION**

## Completion of Skate Ontario "Acknowledgement, Release, Indemnity, and Assumption of Risk" Waiver

Individuals participating in Skate Canada Orangeville's (club) activities must complete the Skate Ontario Acknowledgment, Release, Indemnity and Assumption of Risk regarding COVID-19 ("COVID-19 Waiver"). For participants under the age of 18, a parent or guardian must complete a form for each participant. Failure to do so means that individual must **not** participate in club activities. Participants include:

- Skaters
- Coaches
- Board Members
- Volunteers
- Officials Must provide to Skate Ontario
- **Note:** Form will require electronic sign-off from skater/guardians and will be tracked in the online registration system (Uplifter)

## • Completed with your online registration

If a skater is skating with the club, but belongs to a club in another province, they must provide a signed waiver for both their home province as well as Ontario to the club.

# **CLUB RESPONSE PLAN**

#### An individual becomes unwell with symptoms of COVID-19

- If an individual becomes unwell with symptoms of COVID-19, or if someone is aware of an individual that becomes unwell with symptoms of COVID-19, that individual must immediately stop participation in club activities.
- The individual should be isolated from all others in a well-ventilated area, or outside and provided with a non-medical face mask if one is available
- The individual shall be sent home and instructed to follow public health guidelines regarding self-isolation and testing
- The facility should be informed in order to determine if any areas need to be closed off and/or require additional cleaning/disinfecting
- A member of the COVID-19 Oversight Group should be informed of the situation and should contact the individual or their parent/guardian to determine if next steps are being taken regarding testing

#### An individual is tested for COVID-19

- Any individual that is part of a club that has been tested for COVID-19 must not participate in club activities while waiting for the results of the test.
- The club will work with Public Health to consult the Session Participation tracking sheets to inform other club members who might have been in close contact with the individual. Close contact is defined as being within 2m for a period more than 15 minutes, without appropriate or consistent use of PPE
- Any club members who were in close contact with the individual should not participate in club activities and should follow public health guidelines until the diagnosis of COVID-19 is ruled out by health professionals

### An individual tests positive for COVID-19

 If an individual tests positive for COVID-19, they should inform a member of the club COVID- 19 Oversight Group

- The COVID-19 Oversight Group will work where requested with the facility and public health officials to assist in contact tracing. The Session Participation tracking sheets may be used to assist public health officials in informing other club members who may have been in close contact with the individual.
- Any club members who were in close contact with the individual should not participate in club activities for 14 days and should follow public health guidelines regarding self-isolation and testing
- It is recommended to also inform all club members of a positive COVID-19 result within the club setting
- The club should inform and work with the facility in the case of a positive COVID-19 result and determine if any additional cleaning/disinfecting should be performed as per the facility's guidelines
- The club will inform Skate Ontario of a positive COVID-19 diagnosis by emailing clubsupportservices@skateontario.org

## Return to club/skating activities following illness

• If no test was performed, or the COVID-19 test was negative, the individual may only return to club activities once they no longer have any symptoms of COVID-19 for at least 24 hours

#### Return to club/skating activities following COVID-19

• Following a positive COVID-19 test, an individual must follow all public health guidelines regarding return to activities.

#### Modification/restriction/postponing or canceling of club activities

- Based on the evolving COVID-19 pandemic, the club is prepared to follow public health, municipal/provincial government and sport recommendations regarding modifying/restricting/postponing or canceling activities
- Refunds will only be provided for medical reasons as outlined in the club's refund policy. "A pro-rated refund or credit (less a refund processing fee of \$30) will be granted for medical reasons (supported by medical documentation/certificate)"
- No refunds will be given to skaters leaving on their own accord.
- Each case will be looked at individually
- No make-up sessions are permitted.
- Clubs members will be informed as soon as possible of any modifications/restrictions or cancellations via email.
- Any modifications and restrictions will be kept in place until advised that it is safe to resume activities by public health, government or sport officials

#### Public Health Guidelines

- Any club members who themselves have travelled outside of Canada, or have someone in their household who has travelled outside Canada must self-isolate and not participate in club activities for 14 days
- Any individual who has been exposed to someone with a confirmed case of COVID-19 should selfisolate and is not permitted to participate in club activities for 14 days
- Any individual with symptoms of COVID-19 is not permitted to take part in club activities

 Any individual who has someone in their household showing symptoms of COVID-19, should not participate in club activities

## **Privacy of Information**

Skate Canada Orangeville adheres to Skate Canada's Privacy Policy. As outlined in the COVID-19 waiver, there may be cases where Skate Canada Orangeville is required to collect, use and disclose personal information about you or your child.

Skate Canada Orangeville may be required to provide the Town of Orangeville and WDG Public Health if there is an active or suspected case of COVID-19 within the club or the facility with the following information:

- o Name
- O Date, location and time of sessions attended
- O Phone Number and e-mail

In all other instances, notification of a case, but no personal information will be provided to Skate Ontario, Skate Canada, Skate Canada Orangeville members and other organizations as directed by WDG Public Health.

## **Resources**

Skate Canada COVID-19 Updates

https://skatecanada.ca/covid-19-response/

Skate Ontario COVID-19 Updates https://skateontario.org/covid-19-updates/

#### Ministry of Health- Ontario: COVID-19 Reference Document for Symptoms

http://www.health.gov.on.ca/en/pro/programs/publichealth/coronavirus/docs/2019\_reference\_doc\_symptoms.\_ Pdf\_

#### **Ontario COVID-19 Online Self-Assessment Tool**

https://covid-19.ontario.ca/self-assessment/

#### **Ontario Public Health Public Resources**

https://www.publichealthontario.ca/en/diseases-andconditions/infectious-diseases/respiratory-diseases/novel-coronavirus/public-resources

# The following resources are also available on the Ontario Public Health website. Please ensure you are using the most up-to-date version of these tools by consulting the address above.

#### Hand Hygiene:

https://www.publichealthontario.ca/- /media/documents/ncov/factsheet/factsheet-covid-19- handhygiene.pdf?la=en\_

#### **Physical Distancing:**

https://www.publichealthontario.ca/- /media/documents/ncov/factsheet/factsheet-covid-19- guide-physicaldistancing.pdf?la=en\_

## How to Self-Monitor:

https://www.publichealthontario.ca/-/media/documents/ncov/factsheet- covid-19-selfmonitor.pdf?la=en

#### When and How to Wear a Mask:

https://www.publichealthontario.ca/- /media/documents/ncov/factsheet/factsheet-covid-19- how-to-wearmask.pdf?la=en

#### How to Self-Isolate:

https://www.publichealthontario.ca/-/media/documents/ncov/factsheet- covid-19-how-to-self- isolate.pdf?la=en